
Spring term 2026 -Family Support Sessions and Workshops

Session / Support	Day & Frequency	Date(s)	Time
Families First (with Nadette)	Every fortnight	Starting 6 January 2026	9:15am – 12:15pm
Citizens Advice Drop-In	Regular sessions	Ongoing	9:30am – 12:30pm
Flying Start Drop-In (with Kelly Gill)	Weekly	Ongoing	1:00pm – 3:00pm
Pathways Cooking Workshops	Tuesdays (3-week programme)	Starting 13 January 2026	1:00pm – 3:00pm
Baby Massage (with Kelly Gill)	Tuesdays ongoing	Starting 15th January 2026	1.30pm – 2:30pm
Circle of Security Workshop	Multi-session workshop	Starting 19 January 2026	9:30am – 2:30pm
Toileting Workshop	One-off workshop	Spring 2026	<i>Time to be confirmed</i>
Smart Strategies for Success (with education psychologist)	One-off workshop	27 January 2026	2:00pm - 3:00pm
Library of things	Ongoing DIY/gardening and cooking equipment (with Rassau Resource Centre)	Spring 2026	<i>na</i>
Repair Cafe	Ongoing Our team of fixers will try to fix broken electrical items, clothing etc free of charge.	Starting 5th January 2026	9:00am- 12:00pm
Parent coffee morning	Ongoing Parents and children under 3	Starting 5th January 2026	10:00am
