

**Dear Parents and Carers,**

We are pleased to share some valuable support services and upcoming events available to families in our community. These resources are designed to help you navigate the challenges of parenting and support your child's development in a welcoming and inclusive environment.

**Families First – Support from Nadette Price**

Families First offers expert information, advice, and group workshops tailored to families who need support with children who have autism, experience negative behaviours, face challenges around sleep and eating, to name but a few. Nadette will be holding 1:1 drop-in sessions at the school every other Tuesday, starting Tuesday 16th September 9.30am to 10.30am. Nadette will be available for fortnightly drop-in sessions in the community room next to reception. No appointment needed.

**Flying Start – Support from Gill Kelly**

Flying Start provides support specifically for parents of children aged 0-4. Services include advice and workshops on toileting, behaviour management, healthy relationships and parenting. Starting 23rd September, Gill will be available for fortnightly drop-in sessions in the community room next to reception from 1:30 pm to 2:50 pm. No appointment needed.

**Weekly Baby Group with Baby Massage**

We are excited to continue our weekly baby group, which now includes baby massage sessions led by Lisa, Kirsty, and Kelly from Flying Start. Starting date to be confirmed later this term.

**Parent Cooking Workshop – Back by Popular Demand!**

Join us for our popular Parent Cooking Workshop, run by the Multi Skills Project, running from Tuesday, 30th September until Tuesday, 21st October, 9:15 am to 11:15 am.

**Citizens Advice – Monthly Drop-In Sessions**

We are pleased to announce that Citizens Advice will be offering monthly drop-in sessions at the school starting Wednesday, 1st October, from 9:00 am to 12:00 pm. No appointment needed.

**Upcoming Toileting Workshop**

We will be holding a Toileting Workshop on Tuesday, 21st October from 9:15 am to 10:30 am.

**Maths for Parents Workshop**

Coming soon, a Maths for Parents Workshop designed to help you support your child's learning at home. This workshop will cover the basics of adding, subtracting, multiplying, and dividing.

**Basic Skills Literacy Workshop**

An upcoming Basic Skills Literacy Workshop will help parents develop confidence in supporting their child's reading and writing at home.

More information on what can be provided by these services, are featured on our website.

Warm regards  
Mr Bishop  
Deputy Headteacher.

