



# Brushing Chart

Name: \_\_\_\_\_

Class: \_\_\_\_\_



## WEEK 1

	Morning	Evening
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		



**Challenge:** Show us your toothbrush!

## WEEK 2

	Morning	Evening
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

**Challenge:** Show us how much toothpaste you should use!

## WEEK 3

	Morning	Evening
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		



**Challenge:** Show us how you time 2 minutes for brushing!

## WEEK 4

	Morning	Evening
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

**Challenge:** Show us your brushing technique!

## WEEK 5

	Morning	Evening
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		



**Challenge:** Show us how you get those back teeth clean!

## WEEK 6

	Morning	Evening
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

**Challenge:** Show us your pearly white smile!